

## **PUBLICATIONS BY THE MEMBERS OF SPECIAL INTEREST GROUP ON PSYCHOLOGY AND NEUROPSYCHOLOGY (RELATED TO MULTIPLE SCLEROSIS)**

### **SELECTED READINGS**

Hämäläinen P. **Understanding cognitive changes**. MS in Focus 2004; 4: 13-15.

**MS, memory & thinking**. Booklet about MS-related cognitive problems. Published by the MS Society (UK), 2003. Written by the RIMS Psychology and Neuropsychology CCC core group (Hämäläinen P, Rigby S, Segal J, Jønsson A, Thomson P, Pirard M, Vermote R).  
[www.mssociety.org.uk](http://www.mssociety.org.uk)

The booklet has been translated at least into Danish, Finnish, Spanish, German.



#### **Selected Publications list**

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### **INTERNATIONAL PUBLICATIONS**

**Kujala P**, Portin R, Revonsuo A, Ruutiainen J. Automatic and controlled information processing in multiple sclerosis. *Brain* 1994; 117: 1115-26.

**Kujala P**, Portin R, Revonsuo A, Ruutiainen J. Attention related performance in two cognitively different subgroups of patients with multiple sclerosis. *Journal of Neurology, Neurosurgery and Psychiatry* 1995; 59: 77-82.

**Kujala P**, Portin R, Ruutiainen J. Language functions in incipient cognitive decline in multiple sclerosis. *Journal of the Neurological Sciences* 1996; 141: 79-86.

**Kujala P**, Portin R, Ruutiainen J. Memory deficits and early cognitive deterioration in MS. *Acta Neurologica Scandinavica* 1996; 93: 329-35.

**Kujala P**, Portin R, Ruutiainen J. The progress of cognitive decline in multiple sclerosis. A controlled 3-year follow-up. *Brain* 1997; 120: 289-97.

Laatu S, **Hämäläinen P**, Revonsuo A, Portin R, Ruutiainen J. Semantic memory deficit in multiple sclerosis; impaired understanding of conceptual meanings. *Journal of the Neurological Sciences* 1999; 162: 152-61.

**Hämäläinen P**, Ruutiainen J. Cognitive decline in multiple sclerosis. *The International MS Journal* 1999;6 (2):51-57.

**Hämäläinen P**, Seinelä A, Ruutiainen J. Adaptational approach to cognitive rehabilitation in multiple sclerosis. *International Journal of MS Care (serial online)* 1999; 2: 7-12. Available at <http://mscare.com>.

Laatu S, Revonsuo A, **Hämäläinen P**, Ojanen V, Ruutiainen J. Visual object recognition in multiple sclerosis. *Journal of the Neurological Sciences* 2001; 185: 77-88.

Seinelä A, **Hämäläinen P**, Koivisto M, Ruutiainen J. Conscious and unconscious uses of memory in multiple sclerosis. *Journal of the Neurological Sciences* 2002; 198: 79-85.

#### **INTERNATIONAL PUBLICATIONS IN BOOKS**

**Kujala P**. The role of family and cognitive rehabilitation in multiple sclerosis. *Miscellaneous Topics in multiple sclerosis (Ketelaer P, Battaglia M, editors)*. Associazione Italiana Sclerosi Multipla: Genova 1996: 59-65.

**Kujala P**, Portin R, Revonsuo A, Ruutiainen J. Slowing of information processing, attentional deficits and fatigue in multiple sclerosis. A problem-oriented approach to multiple sclerosis (Ketelaer P, Prosiegel M, Battaglia M, Uccelli MM, editors). *Acco: Leuven/Amersfoort* 1997: 114-125.

**Kujala P**, Portin R, Ruutiainen J. Language functions in the cognitive decline of multiple sclerosis patients. *Communication and swallowing disorders (Charlier M, Ketelaer P, editors)*. Associazione Italiana Sclerosi Multipla: Genova 1997: 23-32.

#### **FINNISH PUBLICATIONS**

**Kujala P**, Ruutiainen J, Portin R. MS-tautia sairastavan kognitiiviset häiriöt ja kuntoutuksen mahdollisuudet. *Suomen Lääkärilehti* 1994; 26: 2550-4.

**Hämäläinen P**. The characteristics and evolution of cognitive decline in multiple sclerosis. *Väitöskirja*. Turun yliopisto, Psykologian laitos, 1998.

**Hämäläinen P**, Ruutiainen J. Mitä tehdä MS-taudin kognitiivisille oireille? *Avain – Nyckeln* 3B (lääkäripainos)/2005.

Niemi S, **Hämäläinen P**. Uupumus – monia kiusaava oire. *Avain – Nyckeln* 7/1998.

**Hämäläinen P**. Kognitiiviset häiriöt MS-taudissa. *Avain – Nyckeln* 3/1997.

**Kujala P.** Voiko muistia kuntouttaa? Avain – Nyckeln 2/1994.

**Kujala P.** Muisti ja muut kognitiiviset toiminnot MS-taudissa. Avain – Nyckeln 5/1991.

### **BOOKLETS/ FINNISH**

Niemi S, **Hämäläinen P.** MS-fatiikki – monia kiusaava oire. Potilasopas. Suomen MS-liitto ry:n julkaisusarja nro 21. (ISBN: 952-9797-24-9, ISSN 1236-9047)

**Hämäläinen P.** Kognitio. Muisti pätkii, sanat hakusessa – kognitiiviset oireet MS-taudissa. Potilasopas. Suomen MS-liitto ry:n julkaisusarja nro 25. (ISBN 952-9797-33-8, ISSN 1236-9047)

### **PARAGRAPHS IN BOOKS / FINNISH**

Ruutiainen J, **Hämäläinen P.** Kognitiiviset häiriöt neurologisissa sairauksissa: MS-tauti. Kirjassa Muistihäiriöt ja dementia (toim. Erkinjuntti, Rinne, Alhainen, Soininen). Kustannus oy Duodecim; Jyväskylä (Suomi), 279-282, 2001. ISBN 951-656-072-5.

#### **Selected Publications list**

Julia Segal,  
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#### **Publications related to Multiple Sclerosis:**

Christoph Heesen, Jürgen Kasper, Julia Segal, Sascha Köpke and Ingrid Mülhauser (2004)  
*Decisional role preferences, risk knowledge and information interests in patients with multiple sclerosis.* Multiple Sclerosis 2004; 10: 643-650

Julia Segal (2004) *Barriere Mentali: il Lavoro Psicologico nell'area della Malattia Cronica e della Disabilita.* Ed SMG Adamo and P.Valerio. Quaderni di Counselling psicodinamico – E.Di.S.U Napoli 1 Translation of: **Counselling Young People with Disabilities / chronic illnesses.** December 2002: Talk given to University of Naples Student counselling service. Naples University Counselling Service Booklet. (in Italian)

Segal, J.C. (2003) 'Your feelings or mine? Projective identification in a context of counselling families living with multiple sclerosis.' *Psychodynamic Practice* 9 (2) : 153-171

Rehabilitation in Multiple Sclerosis (RIMS) Psychology and Neuropsychology Clinical Care Committee. (March 2003) **MS Essentials 02. MS, Memory and Thinking.** Published by The MS Society, 372 Edgware Rd, London NW2 6ND 020 8438 0808 [www.mssociety.org.uk](http://www.mssociety.org.uk)

Segal, J.C. (2001) **Counselling people with multiple sclerosis.** in *Rehabilitation Counselling in Physical and Mental Health*, , ed Kim Etherington, Jessica Kingsley, London and Philadelphia.  
[www.jkp.com](http://www.jkp.com)

Segal, J.C. (2001) **Working as a counsellor in an NHS multidisciplinary team.**  
In *Counsellors in Health Settings*, ed Kim Etherington, Jessica Kingsley, London and Philadelphia.

Glickman, S and Segal J.C. (1999) **Consequences of the Neuropathic Bladder and Bowel for Patients.** In: *Neurology of Bladder, Bowel and Sexual Dysfunction*, ed. Clare J. Fowler ,  
Butterworth Heinemann, Boston

Segal, J.C. **The role of a parent's illness in the emotional experience of a child: evidence from Klein's Narrative of a Child Analysis.** *Psychodynamic Counselling* 4. Nov 1998. pp487-504  
Paper written for the 80th birthday of Hanna Segal.

Julia Segal and John Simkins. **Helping children with ill or disabled parents; A guide for professionals.** Jessica Kingsley, London, September 1996 pb £15.95 post@jpk.com

Segal JC 1996. **Training Professionals and Staff to work with people with multiple sclerosis. in Neuropsychology and Psychology;** Report of a workshop in Stockholm, May 1995 under the auspices of Multiple Sclerosis and Rehabilitation, Care and Health Services in Europe, (MARCH) Rehabilitation in Multiple Sclerosis (RIMS).

Segal JC 1996 **Whose Disability? Counter-Transference in work with people with disabilities** in *Psychodynamic Counselling* 2.2 May pp 155-166

Segal, J.C. (1995) **Physical Disabilities** in *Inter-disciplinary Guide for Caring Professions and those who work in Voluntary Agencies.* Ed Michael Jacobs. Mowbray (cassell)

Segal, J.C. (1995). **The stresses of working with clients with disabilities.** In *Stresses in Counselling in Action.* eds W.Dryden and V.Varma. Sage publications Ltd., London.

Segal, J.C. **Against Self-disclosure.** In *Questions and Answers on Counselling in Action*, pp 10-15.  
Ed. Windy Dryden. Sage 1993

Segal, Julia and Simkins, John. (1993) **My Mum Needs Me. Helping children with ill or disabled parents.** Penguin Books, London.

Segal, Julia 1992. **Living with Disabled Parents or Siblings: Parents with Multiple Sclerosis.** in *Young Children Under Stress. Starting Points 13 Practical Guides for Early Years Workers.* Ed Penelope Leach. Voluntary Organisations Liaison Council for Under Fives. 77 Holloway Rd. London N7 8JZ

Segal, J.C. 1991 **Use of the concept of Unconscious Phantasy in understanding reactions to chronic illness.** *Counselling:* Vol 2 no 4 Nov 1991 pp. 146-149 Republished in *The BAC Counselling Reader*, eds S Palmer, S.Dainow and P Milner. 1996 Sage Publications, London.

Segal, J.C. 1990/91 **Multiple Sclerosis in the Workplace.** *Employee Counselling Today*, Vol 2 Issue 4; pp 24-30

Segal, J.C. **Counselling.** Chapter 7 in *Multiple Sclerosis Approaches to Management.* ed. Lorraine De Souza. Chapman and Hall 1990

Rina Rosselson, Betty Bass, Joan Adams, Mina Hakda, Natalie Twydate, Julia Segal; **A matter of common sense: or is it?**. *J. Electrophysiol.Technol.*(1988)14 pp 151-157.

Segal, J.C. (1987) **Independence and Control: Issues in the counselling of people with MS.** *Counselling*, No.62, November 1987.

Segal, J.C. **Counselling people with MS, their families and professionals involved with them.** In: *Counselling and Communication in Health Care*. Eds Lesley Fallowfield and Hilton Davies, John Wiley, London. (1991.) Dept of Psychiatry. pp 147-160

Segal, J.C. **The Professional Perspective.** In: *Beyond Community Care: Normalisation and Integration Work*. Part II Chapter 5 (ed Shula Ramon) Macmillan Education Ltd., London. (1991.) pp 85-112

Segal, J.C. (1989) **Counselling people with disabilities/chronic illnesses.** In: *Handbook of Counselling in Britain*: (eds Windy Dryden, Ray Woolfe and David Charles-Edwards) pp 329-346 Tavistock/Routledge, London.

Forti, A and Segal, J.C. (1986) **MS and Pregnancy.** available from: The Multiple Sclerosis Resource Centre, (MSRC) 4a Chapel Hill, Stansted, Essex, CM24 8AG 01206 505444

Segal, Julia : 1986; **Emotional Reactions to MS.** Available from The Multiple Sclerosis Resource Centre, (MSRC) 4a Chapel Hill, Stansted, Essex, CM24 8AG 01206 505444

#### UNPUBLISHED PAPERS AVAILABLE

**Handout for Medical Students** Autumn 2005 Handout to accompany a training session on working as a doctor with people with MS, drawing on the point of view of patients , carers and family members as understood by a counsellor.

**Intimacy and Social Support.** Paper/power point presentation given at MS Nurse Workshop (Serono) Vienna, Austria, 5th October 2004

**Depression, Mourning and MS.** Short handout for workshop, 'Coping with Depression' MS Professional Network - UK conference Extending our Reach, Stirling Management Centre, 24th September 2004

**Royal Society of Medicine Symposium : Unhappy Families: Roots, Understanding and Possible Solutions.** Tuesday 8 June 2004, Breakout session: Physical illness of the parent . List of references also available.

**Supporting Children of Parents with MS.** Unpublished paper given at RIMS (Rehabilitation in Multiple Sclerosis) Conference, Bad Windsheim, Germany; May 1997. A paper describing ways in which nurses and other rehabilitation professionals may make things worse or better for children.

#### **Mourning and MS**

Paper for RIMS Venice 00.

**Do I care? Sexual relations in advanced MS.** Paper given at RIMS bowels and bladder and sexuality Clinical Care Committee (SUBDIMS) March 17<sup>th</sup> 2001

Draft paper on **cognitive dysfunction and its effect on the family.** Cogdysf.doc

**Sexuality in MS;** paper given at SUBDIMS March 2002

**Projective Identification;** lecture given 29.4.02

#### POSTERS

**Mourning and MS.** Poster for RIMS (Rehabilitation in MS - Europe) Conference Venice, 2000  
Can be emailed

**Living with MS Cognitive Problems** Poster for RIMS/CMSC (Rehabilitation in MS – Europe/ Confederation of MS Centers - USA) Conference, Chicago 2002  
Can be emailed

#### **Selected publications list**

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Vendrell, J.M., Renom, M., Garolera, M., González, I., **Maguet, P** y Galán, I. Application of a computerized cognitive rehabilitation program in multiple sclerosis. 7th Annual Meeting of RIMS. May 2001, Copenhagen.

**Maguet, P.;** Santoyo, C.; Renom, M.; Anxiety and depression in MS outpatients attending a Day Hospital for Integral rehabilitation treatment. Congrés de Rehabilitació en Esclerosi Múltiple. Venice, May 2000.

**Maguet, P.** Roig, M. Trastornos psicopatológicos y neuropsicológicos en la esclerosis múltiple. First Virtual Congress on Psychiatry. February - March 2000. Available in spanish at: