# Report SIG Occupation

**When and Where:** 22. November – 24. November 2018, Haslev, Denmark

**Topic of the meeting:** 2+2=5 – The synergies of multidisciplinary rehabilitation



All participants present in group picture, except Sara Rasselnberg.



**List of Participants:**

Lena Lundman Myrlund, Sweden

Valeria Bergamaschi, Italy

Jelka Jansa, Slovenia

Isaline Eijssen, Netherlands

Heidi Marie Visby Jacobsen, Denmark

Hellemai Andersen, Denmark

Sara Rasselnberg, Denmark

Jytte Rose Jakobsen, Denmark

Christina Mortensen, Denmark

Inge Gjerrild Soegaard, Denmark

Charlotte Seistrup Krogh, Denmark

Anne Dyreborg, Denmark

Stine Thorup Nielsen, Denmark

Lene Munch Kallmayer, Denmark,

Marijke Duportail, Belgium

Joke Raats, Belgium

An Cleuren, Belgium

Sofie Ferdinand, Belgium

Jeanette Richwood, Norway

Hilde Ryg, Norway

Daphne Kos, Belgium

Heleen Beckerman, Netherlands

Inger Grethe Løyning, Norway

**Summary of the meeting**

If two words could summarize the meeting it would be “Synergy effects”. The program included both theoretical lectures and practical workshops, we experienced that theory and practice are better together. Trying to use the TIDieR checklist in small groups was fun and frustrating, but gave inspiration to bring home to our clinical practice. We got hot news on the results from the Danish RCT on effects of multidispiclinary rehabilitation. Presentations of vocational rehabilitation (VR) in two European countries taught us about synergy effects of teamwork in VR. We participated in an inspirational neurological music therapy session and learned about the synergy effects of music to our brain. Presentations on recilience, clinical pathways, synergy effects of multidisciplinary rehabiltiation, the role of the occupational therapist in multidisciplinary team and the use of Armeo Spring for Arm training completed the scientific program. In addtion, we were well taken care of by the local organizers, in beautiful environments both at the venue and in the cozy town of Ringsted. The two-day meeting gave good opportunities to discuss practice, exchange ideas, be inspired and make new friends and colleagues in the RIMS network.

**Future plans and meetings**

2019 activities include:

3-hour meeting during the RIMS annual Conference in Ljubliana, Slovenia June 20th.

In-between meeting held in the autumn at a RIMS member center (not confirmed location yet)