

Neuroplasticity in Multiple Sclerosis – Evidence from TMS

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MRI T2 lesion burden in multiple sclerosis

A plateauing relationship with clinical disability

D.K.B. Li, MD; U. Held, PhD; J. Petkau, PhD; M. Daumer, PhD; F. Barkhof, MD, PhD; F. Fazekas, MD;
J.A. Frank, MD; L. Kappos, MD; D.H. Miller, MD; J.H. Simon, MD; J.S. Wolinsky, MD; and
M. Filippi, MD, for the Sylvia Lawry Centre for MS Research

NEUROLOGY 2006;66:1384–1389

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Brain (2008), **131**, 808–817

Disability and T₂ MRI lesions: a 20-year follow-up of patients with relapse onset of multiple sclerosis

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Neuroplasticity Predicts Outcome of Optic Neuritis Independent of Tissue Damage

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Andrew P. Henderson, FRACP,⁴ Constantinos Kallis, PhD,^{3,6}
Laura Mancini, PhD,² Gordon T. Plant, MD,^{5,7} David H. Miller, MD,^{4,5}
and Alan J. Thompson, MD^{1,5}

Objectives: To determine whether lateral occipital complex (LOC) activation with functional magnetic resonance imaging (fMRI) predicts visual outcome after clinically isolated optic neuritis (ON). To investigate the reasons behind good recovery following ON, despite residual optic nerve demyelination and neuroaxonal damage.

Methods: Patients with acute ON and healthy volunteers were studied longitudinally over 12 months. Structural MRI, visual evoked potentials (VEPs), and optical coherence tomography (OCT) were used to quantify acute inflammation, demyelination, conduction block, and later to estimate remyelination and neuroaxonal loss over the entire visual pathway. The role of neuroplasticity was investigated using fMRI. Multivariable linear regression analysis was used to study associations between vision, structure, and function.

Results: Greater baseline fMRI responses in the LOCs were associated with better visual outcome at 12 months. This was evident on stimulation of either eye ($p = 0.007$ affected; $p = 0.020$ fellow eye), and was independent of measures of demyelination and neuroaxonal loss. A negative fMRI response in the LOCs at baseline was associated with a relatively worse visual outcome. No acute electrophysiological or structural measures, in the anterior or posterior visual pathways, were associated with visual outcome.

Interpretation: Early neuroplasticity in higher visual areas appears to be an important determinant of recovery from ON, independent of tissue damage in the anterior or posterior visual pathway, including neuroaxonal loss (as measured by MRI, VEP, and OCT) and demyelination (as measured by VEP).

ANN NEUROL 2010;67:99–113

Neuroplasticity in multiple sclerosis



Rapid onset plasticity

Interregional plasticity

Local network plasticity



Rapid onset plasticity

Interregional plasticity

Local network plasticity

Synaptic plasticity in multiple sclerosis

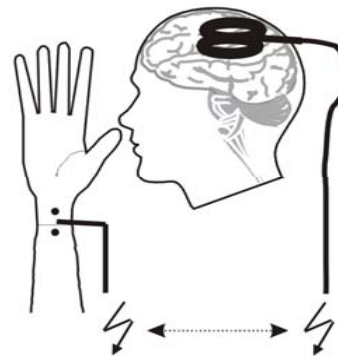


- Synaptic plasticity impaired by:
 - *demyelinating lesion: possible loss of synchronicity*
 - *Atrophy of grey matter: (glial (-36%), neuronal (-10%), synaptic (-47%): Wegner, Neurology, 2006; Sicotte, Brain, 2008)*
- Synaptic plasticity improved by:
 - *(EAN) T- and natural killer (NK) cells: Neurotrophins (z.B. BDNF, Hammarberg, J Neurosci., 2000)*
 - *Matrix-Metalloproteinase (Agrawal, Sem. Cell & Dev. Biol., 2008)*
 - *Ciliary neurotrophic factor (CNTF) signalling (Dutta, Brain, 2007)*
 - *Endocannabinoids? (Centonze, Brain 2006)*

Paired associative stimulation



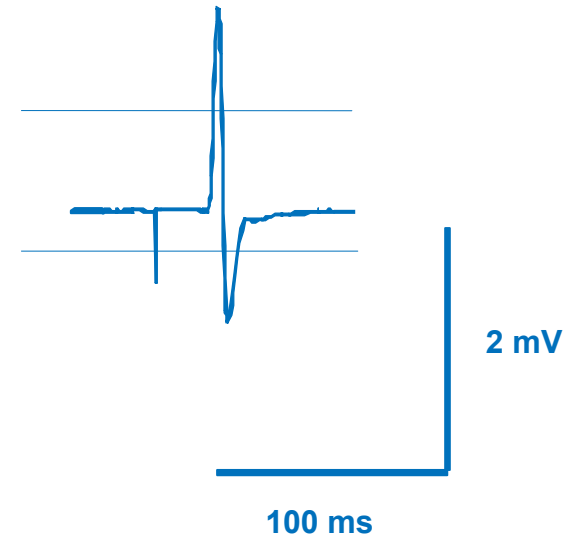
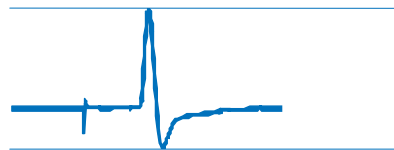
Paired associative stimulation



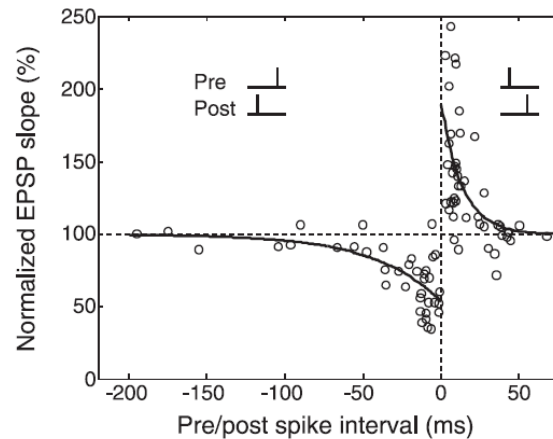
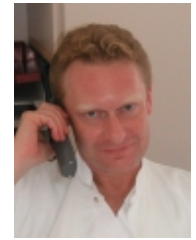
ISI=25 ms

90 pairs

0.05 Hz

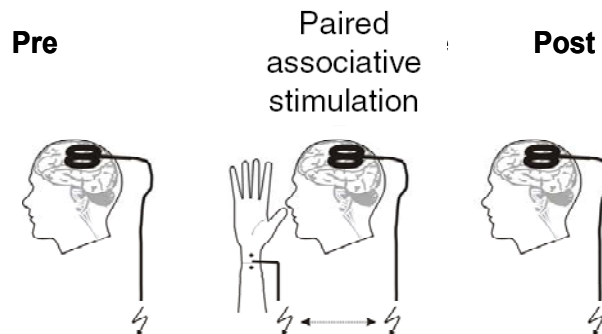


Temporally asymmetric Hebbian rule

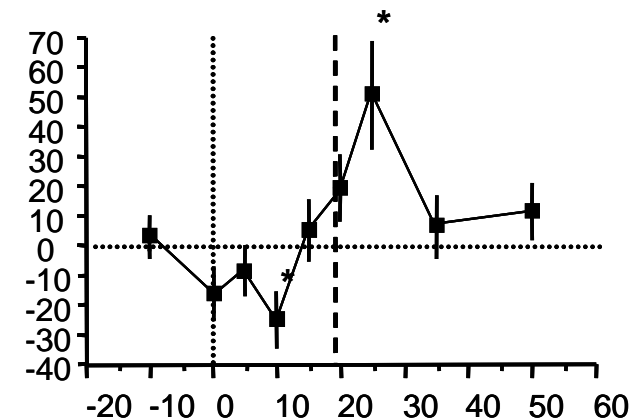


Dan. Physiol Rev. 2006

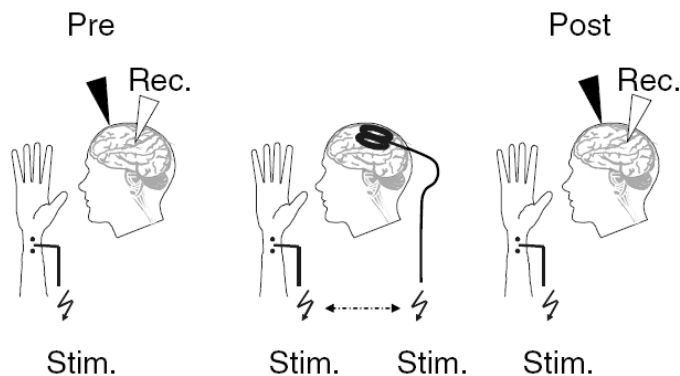
M1



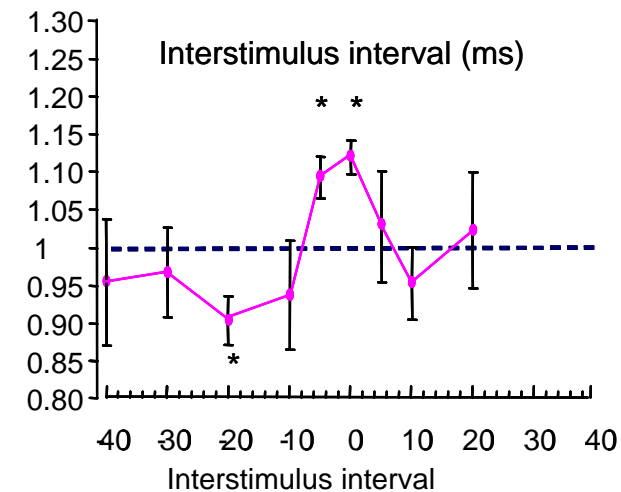
Prozent des Ausgangswertes



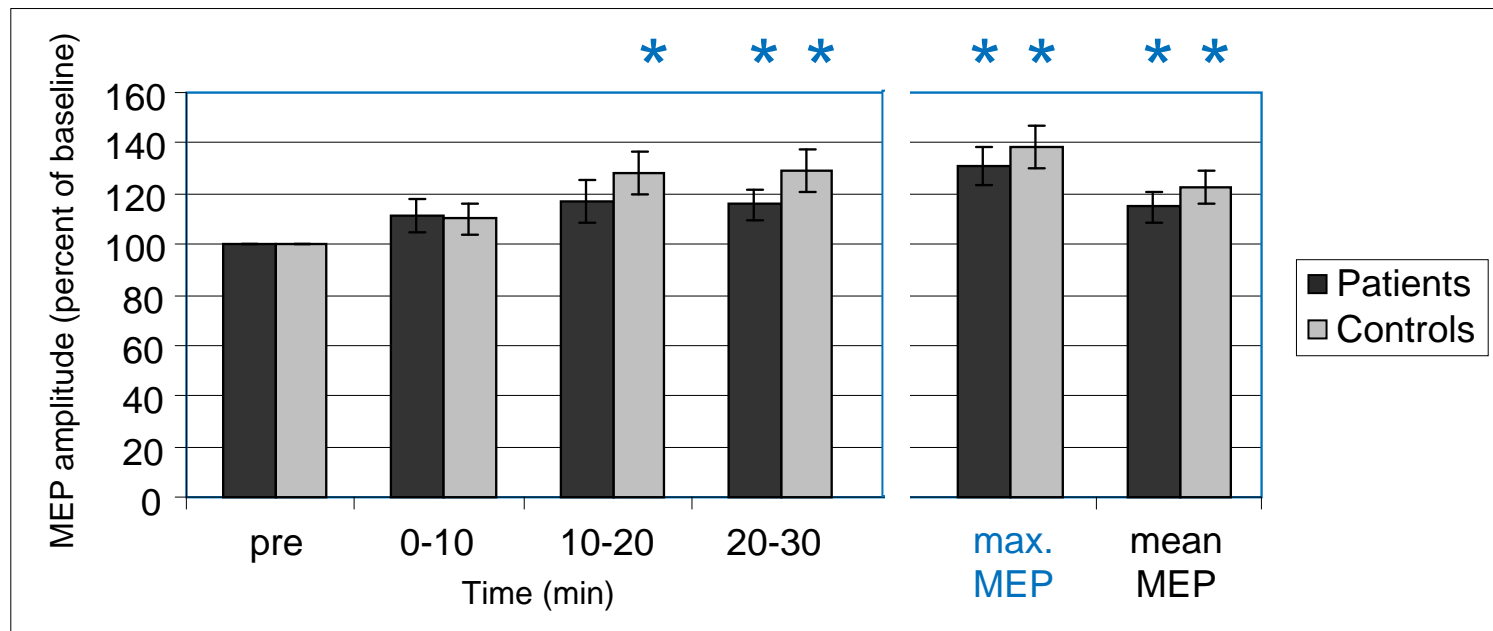
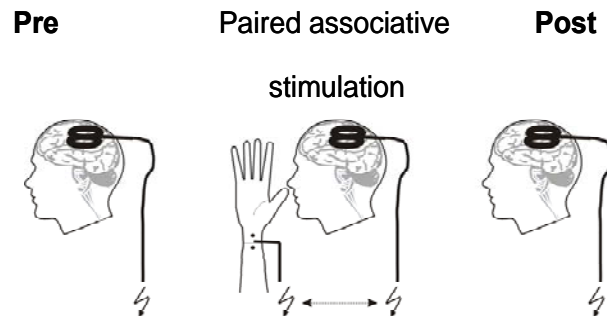
S1



P25-Amplitude prä/post



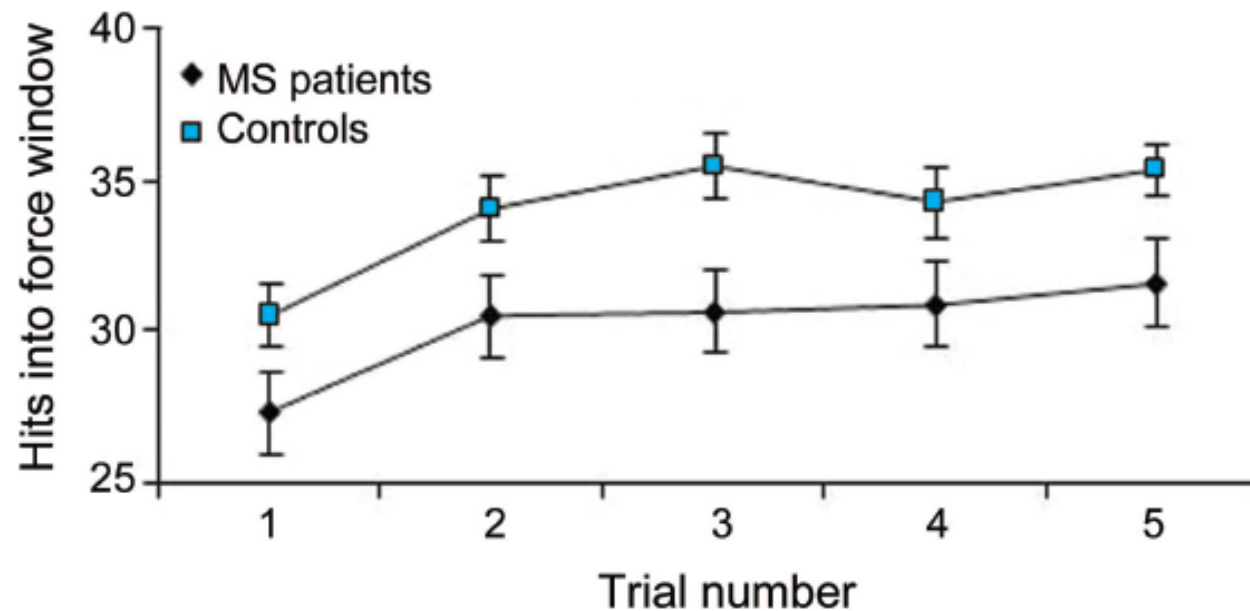
Synaptic plasticity in multiple sclerosis



Motor learning in multiple sclerosis

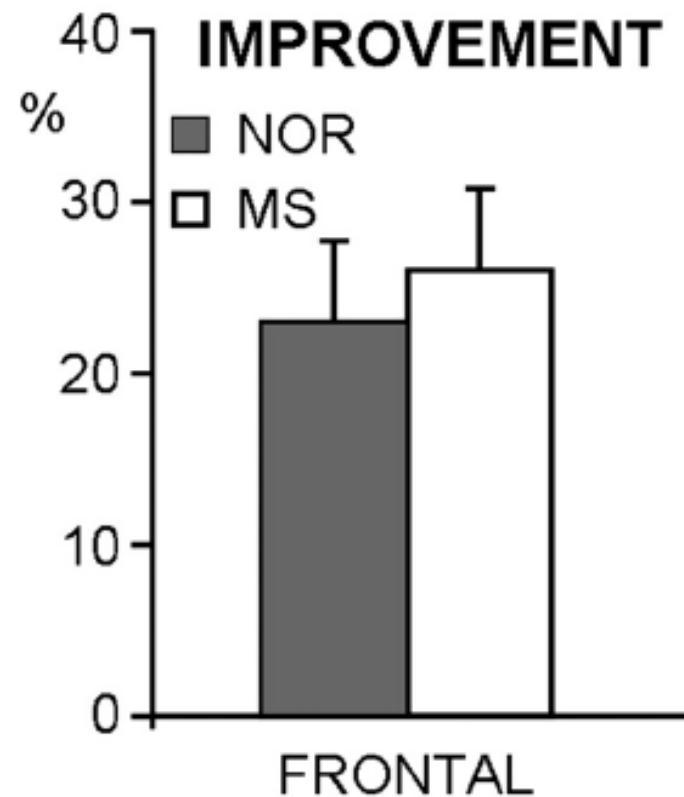


Figure 2 Motor learning task



Force window performance of 21 patients with multiple sclerosis (MS) and 22 matched control subjects over the course of the training. Each symbol refers to mean of 100 attempts (2 blocks of 50 each). Error bars indicate the SEM.

Normal baseline-normalized motor learning in a simple motor training task



Brain (2002), **125**, 2646–2657

Functional brain reorganization for hand movement in patients with multiple sclerosis: defining distinct effects of injury and disability

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Synaptic plasticity retained also in high brain injury



Table 3 Paired associative stimulation-induced plasticity and motor learning performance in patients with multiple sclerosis with good hand function, stratified into those with high and low CNS injury according to corticomuscular latency or NAA/Cr spectra

Hand function and CNS injury	9-Hole peg board test, s	Tapping	n	CNS injury index	Maximum MEP% after PAS	p Value (vs PHF)	Force production performance increment	p Value (vs PHF)
PHF	45.1 ± 51.8	64.9 ± 14.5	6		123.2 ± 31.8	—	5.3 ± 4.4	—
GHF	19.0 ± 3.2	104.3 ± 19.2	16		133.6 ± 35.7	0.537	3.9 ± 5.0	0.578
CML								
GHF-LBI	20.8 ± 2.9	99.1 ± 18.8	4	18.9 ± 1.1	119.3 ± 8.4	0.823	0.5 ± 4.0	0.121
GHF-HBI	18.5 ± 3.2	106.0 ± 19.8	12	22.9 ± 1.1	138.3 ± 40.2	0.433	5.2 ± 4.8	0.977
NAA/Cr								
GHF-LBI	18.7 ± 3.4	95.6 ± 10.7	7	1.6 ± 0.1	126.0 ± 28.1	0.869	3.2 ± 4.9	0.451
GHF-HBI	21.2 ± 4.7	106.7 ± 21.4	3	1.4 ± 0.1	113.6 ± 2.3	0.630	5.3 ± 7.8	0.984

Abbreviations: CML = corticomuscular latency; Cr = creatine; GHF = good hand function; HBI = high CNS injury; LBI = low CNS injury; MEP = motor evoked potential; NAA = N-acetyl aspartate; PAS = paired associative stimulation; PHF = poor hand function.



Long-term potentiation-like plasticity and rapid motor learning of a simple motor task are not compromised in MS.

In mild-to-moderately affected patients, rapid-onset plasticity does not appear to be a factor determining good hand function in the presence of variable degrees of brain injury.

Neuroplasticity in Multiple Sclerosis



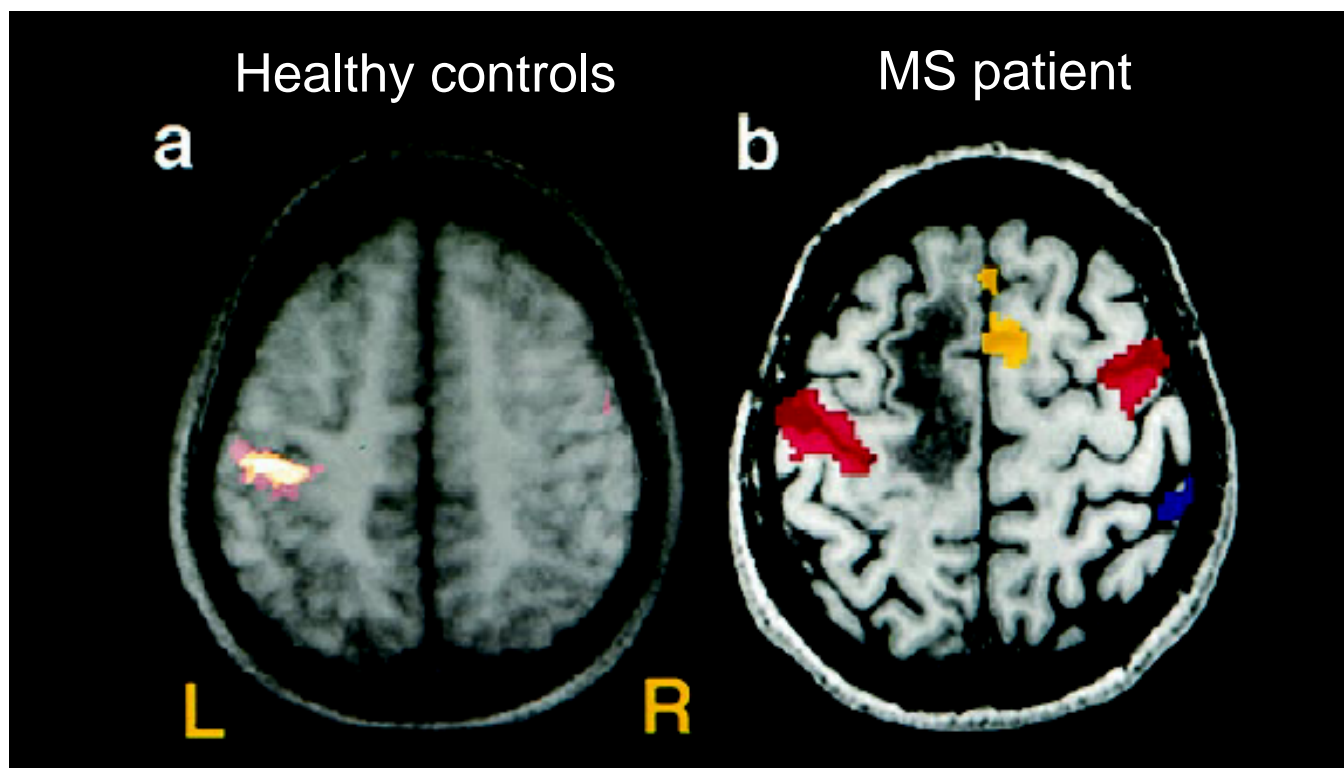
Rapid onset plasticity

Interregional plasticity

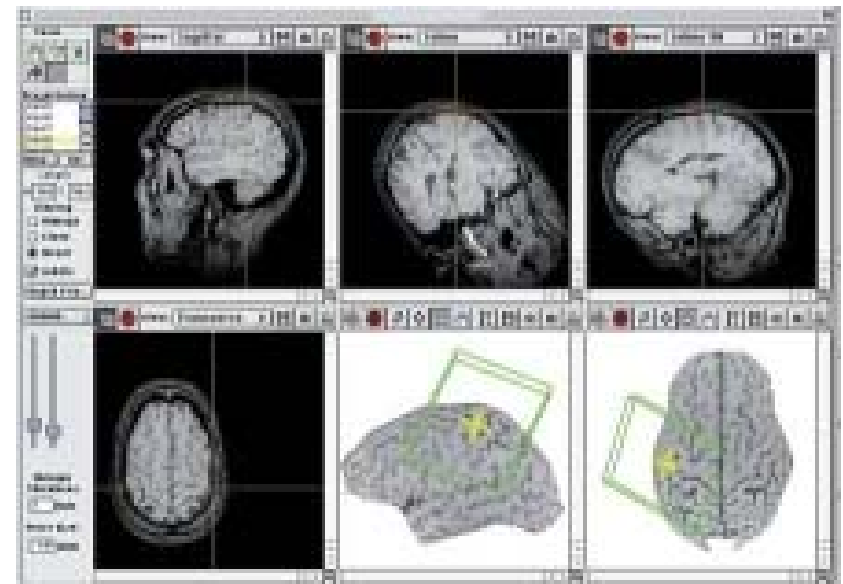
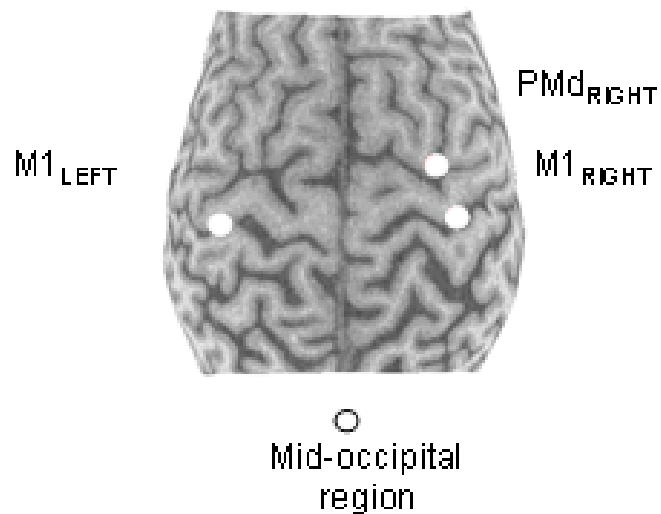
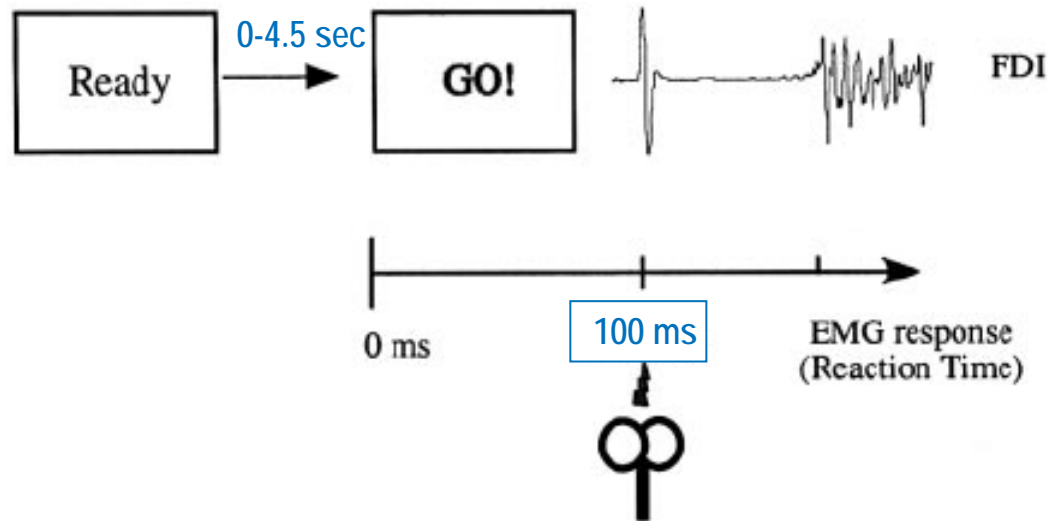
Local network plasticity

MS patients without impairment of hand function

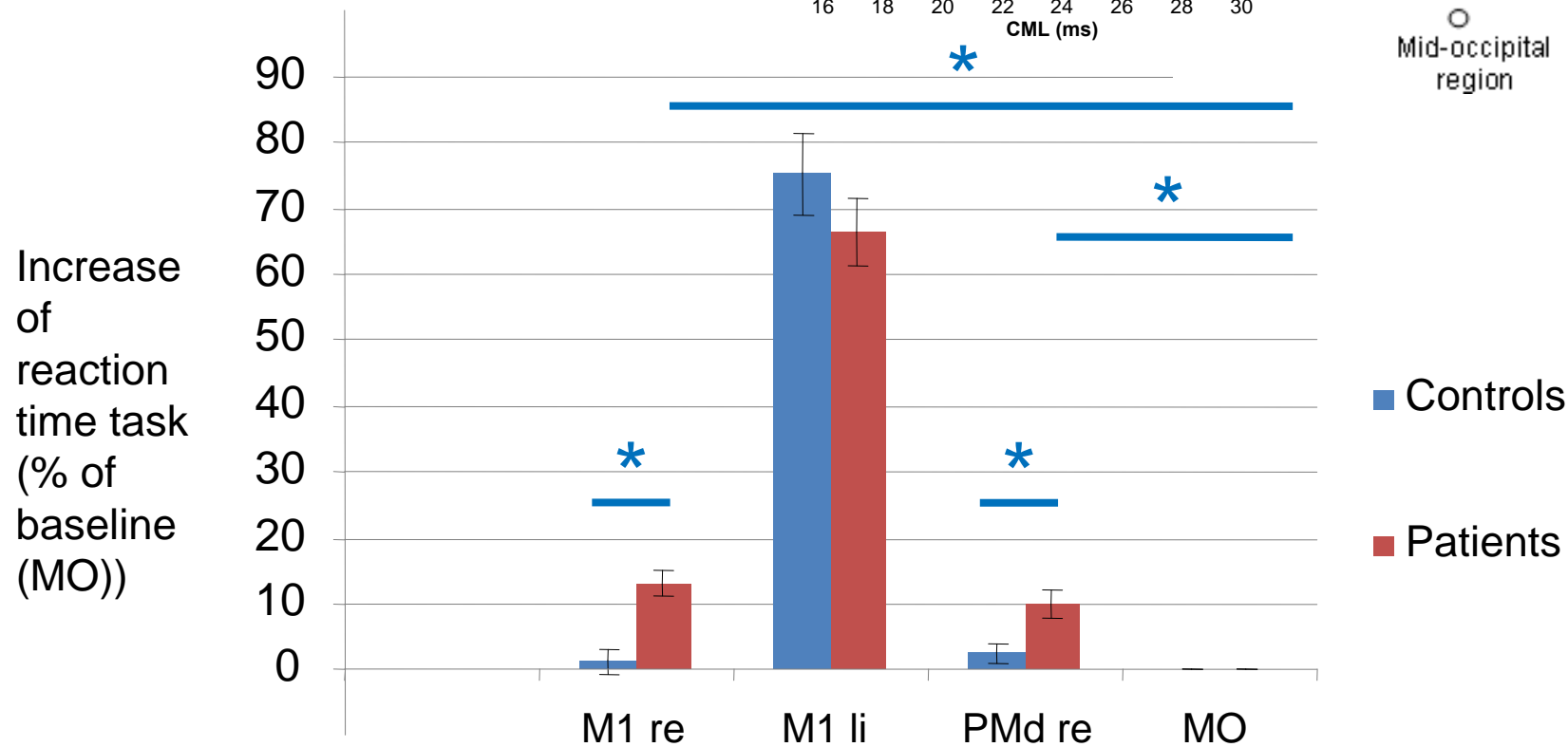
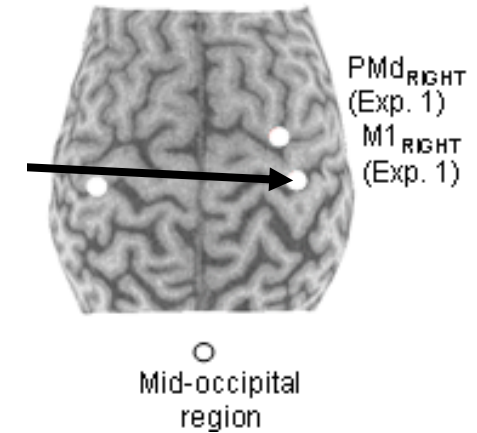
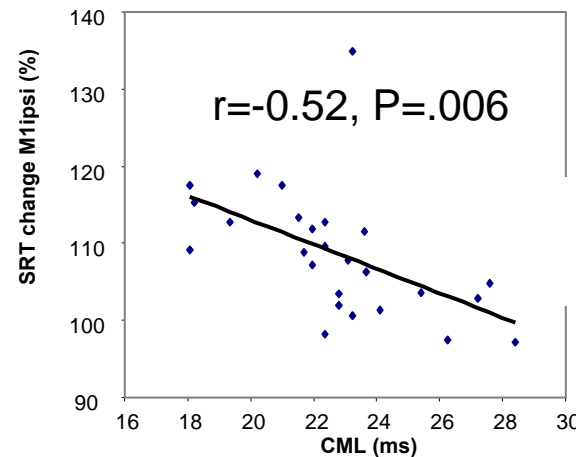
- Activation of ipsilateral sensorimotor cortex (Reddy, Brain 2000).



Exploring interregional plasticity by neuronavigated TMS



Regional plasticity in MS - reaction time task





Non-canonical (motor) brain regions are involved in the execution of simple motor tasks in MS.

Activation of these regions is functionally relevant, but compensation likely is limited by disease-related brain injury.

Neuroplasticity in Multiple Sclerosis



Rapid onset plasticity

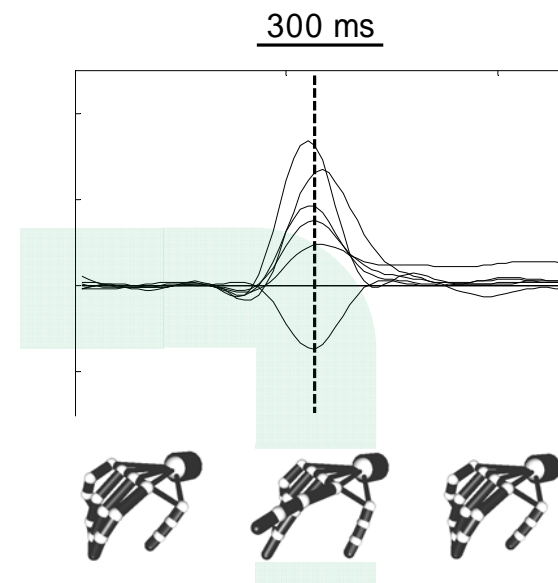
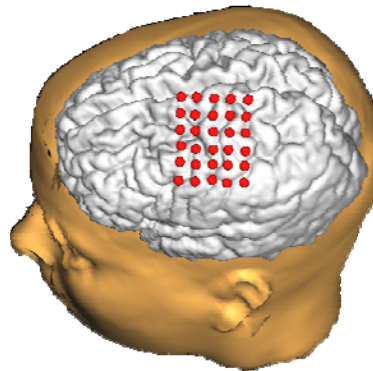
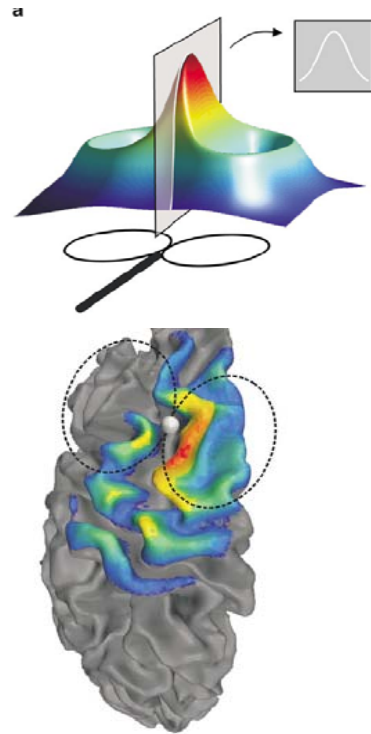
Interregional plasticity

Local network plasticity

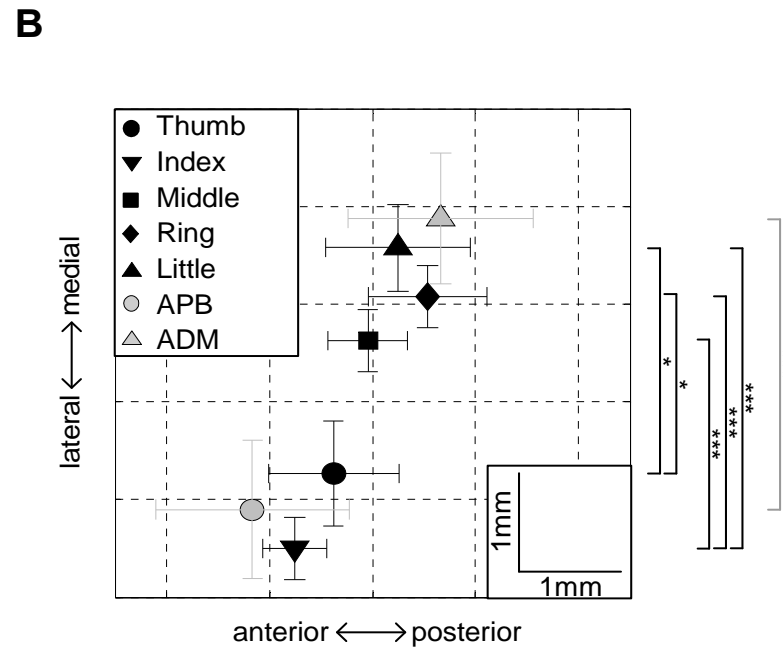
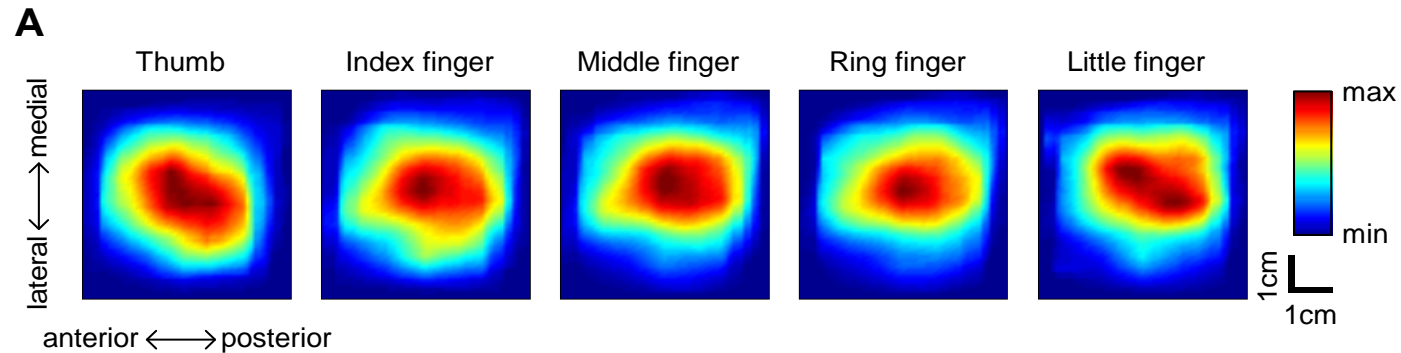
Extracting complex parameters of motor control by TMS-mapping of finger movements



- Somatotopical representation
- Efficiency of motor control



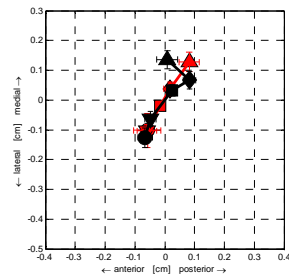
Somatotopical organisation of finger movements as revealed by TMS



Homuncular finger movement representation



Healthy control

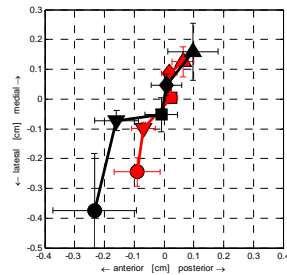


- ▲ Little
- ◆ Ring
- Middle
- ▼ Index
- Thumb

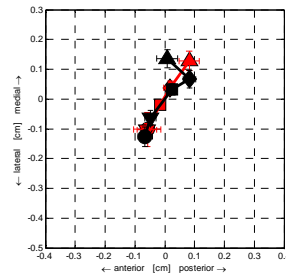
Expansion of homuncular representation in professional musicians – mapping finger movts. = plasticity paradigm



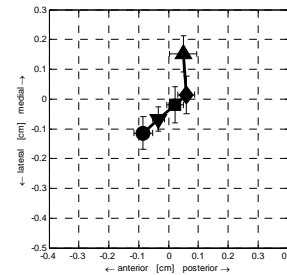
Violinists (red=right M1)



Healthy control



Dystonia

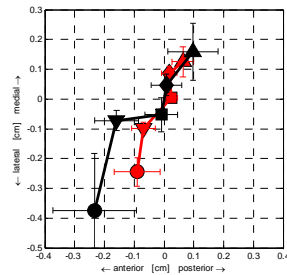


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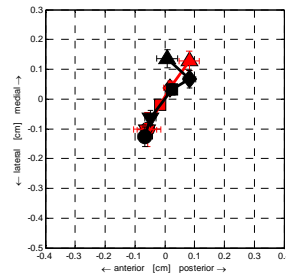
Disruption of homuncular motor representation in multiple sclerosis patients



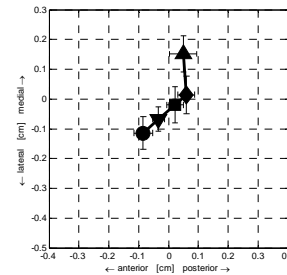
Violinists (red=right M1)



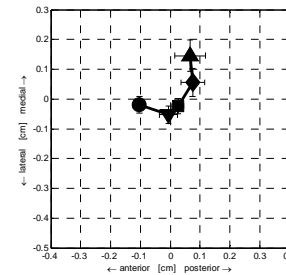
Healthy control



Dystonia

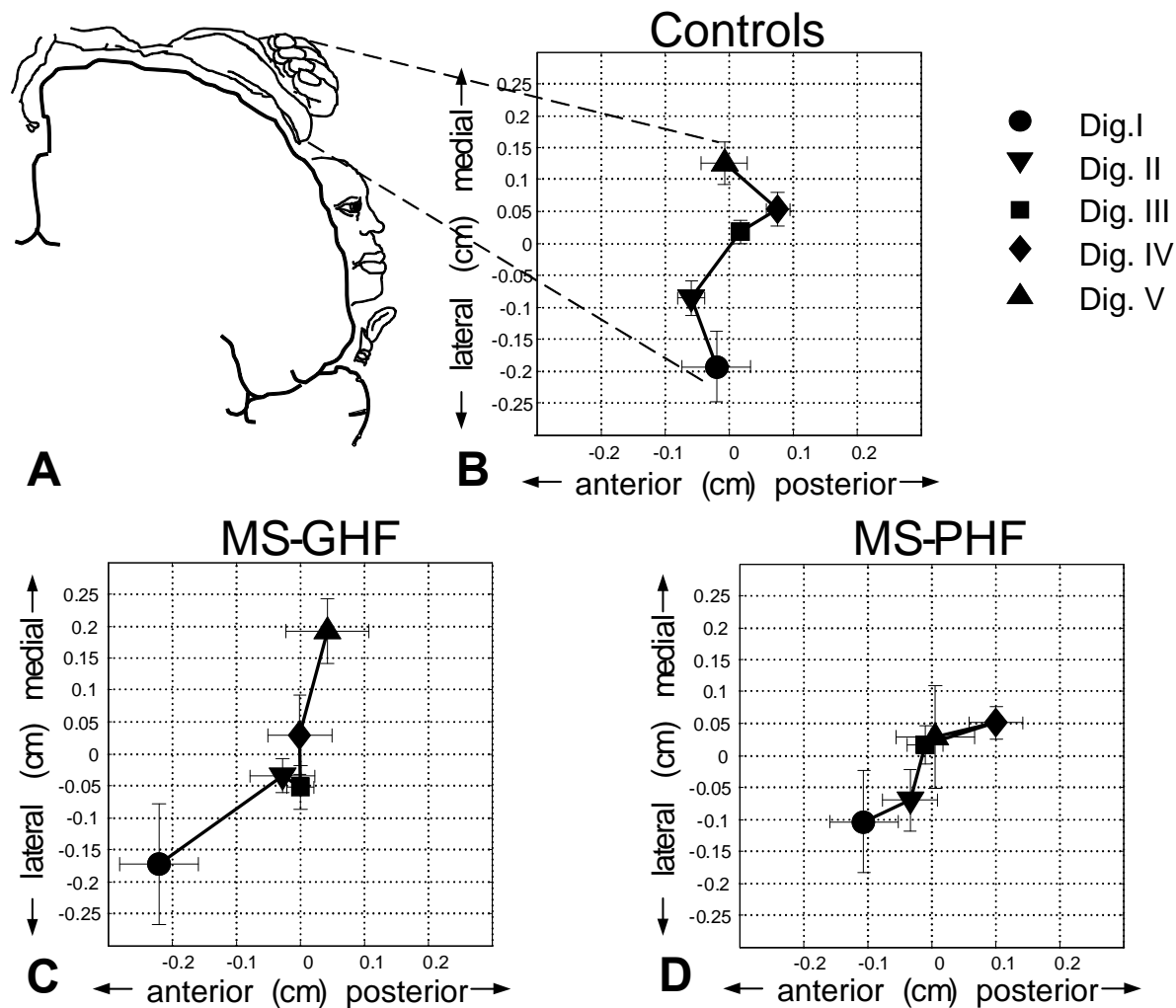


MS patients



- ▲ Little
- ◆ Ring
- Middle
- ▼ Index
- Thumb

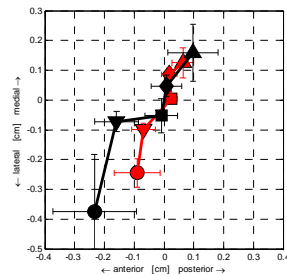
Disruption of homuncular motor representation covaries with hand function in multiple sclerosis patients



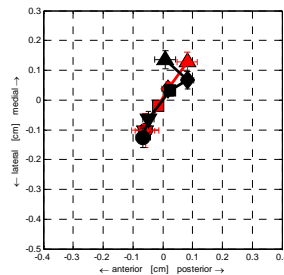
Disruption of homuncular motor representation covaries with hand function - in multiple sclerosis patients



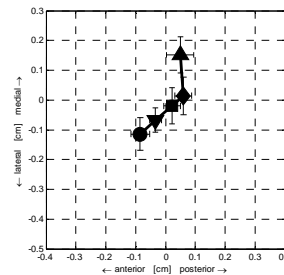
Violinists (red=right M1)



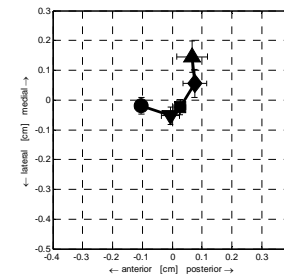
Healthy control



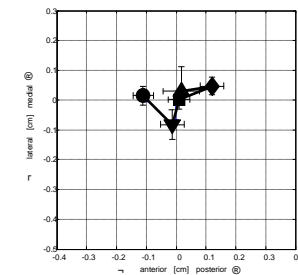
Dystonia



MS (all)



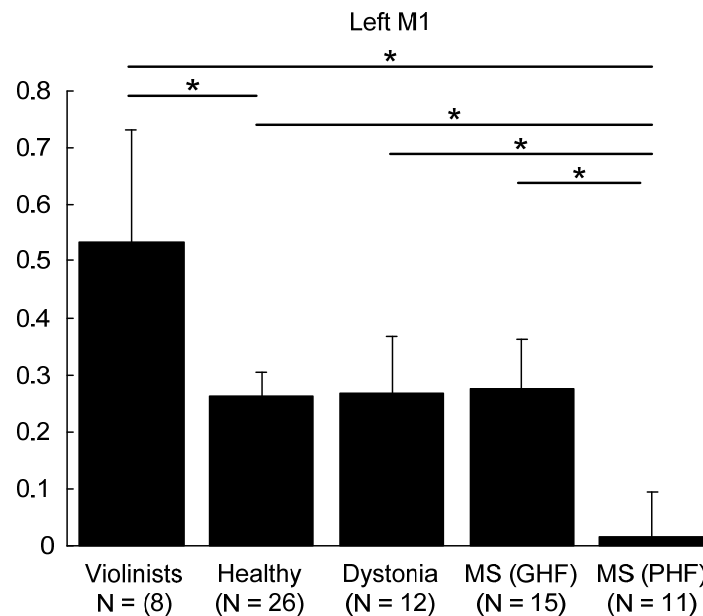
MS (poor HF)



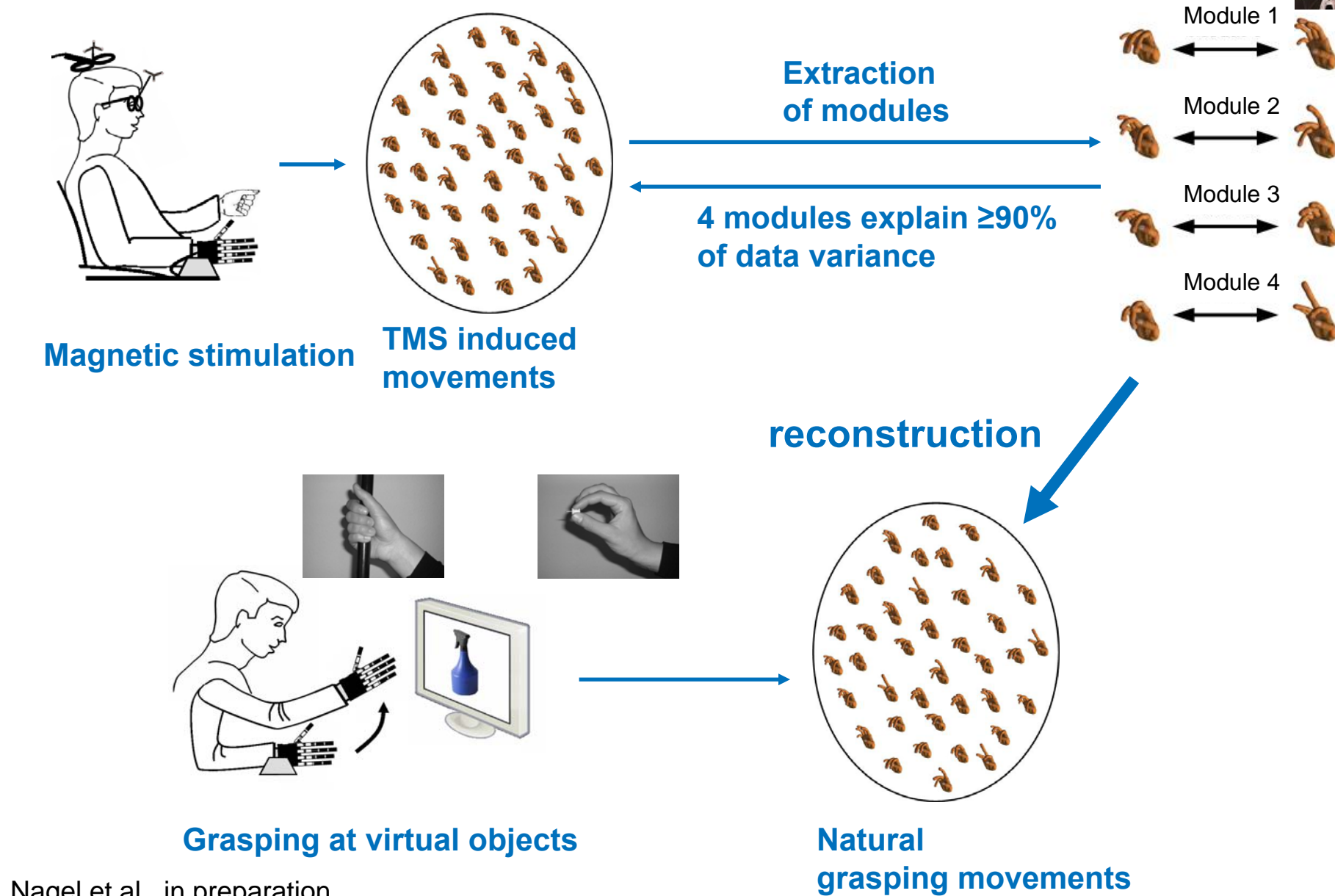
- Thumb
- ▼ Index
- Middle
- ◆ Ring
- ▲ Little

Distance

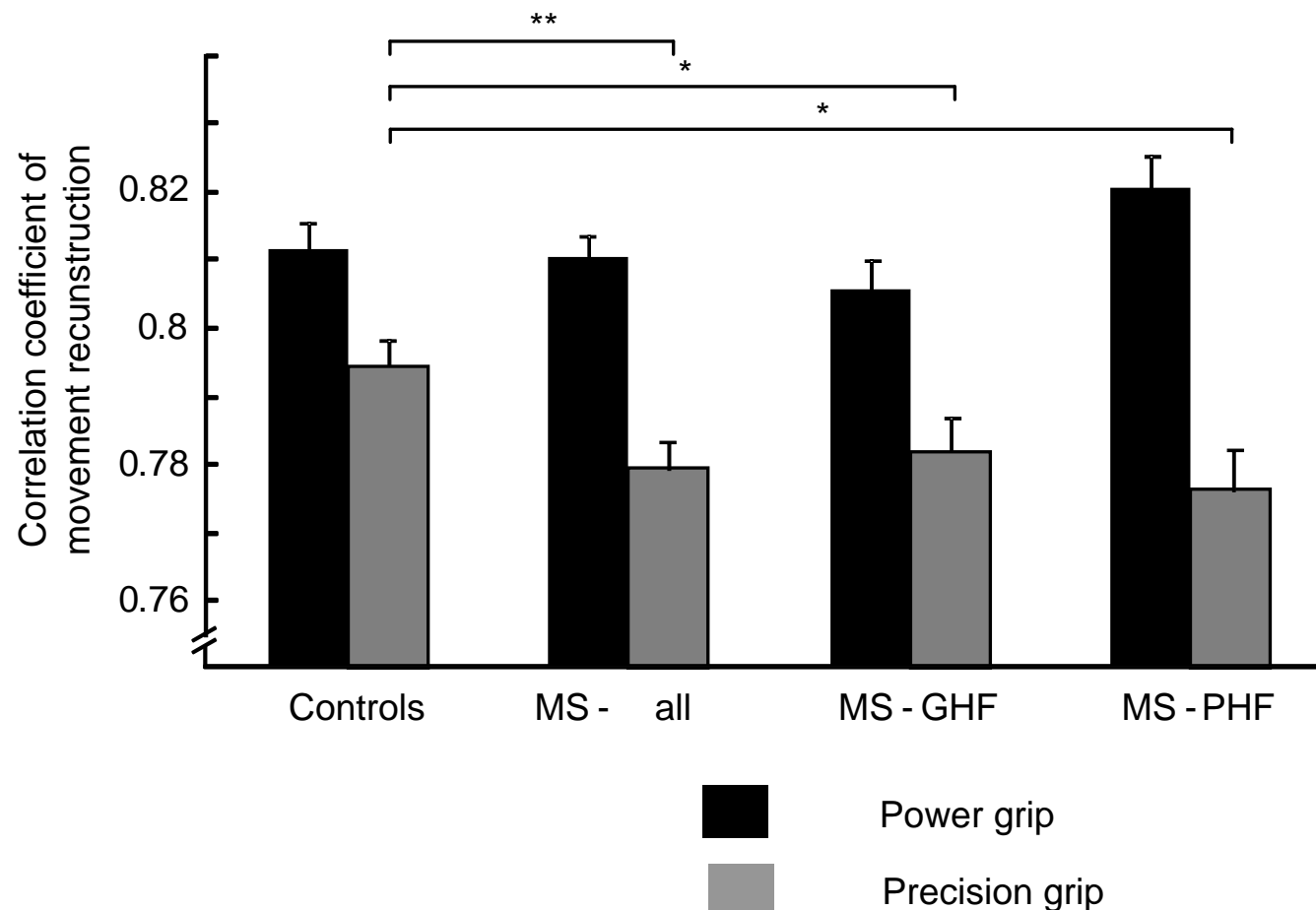
d1-d5 (mm)



Modular control of precision and power grip



Impairment of modular control of precision movements in MS – independent of hand function in timed motor tests





Increased functional connectivity indicates the severity of cognitive impairment in multiple sclerosis

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Edited by Marcus E. Raichle, Washington University, St. Louis, MO, and approved October 19, 2011 (received for review June 22, 2011)



Short-term plasticity, resembling long-term potentiation of excitatory neuronal synapses is was **not compromised**, in patients with mild-to-moderate MS.

Activation of **non-canonical brain regions** is functionally relevant.

Reduced efficiency of motor control of dexterous movements may provide a pathophysiological model for impairment of behavioral control beyond that detectable in conventional functional assessments.

Daniel Zeller



Reinhard Gentner



André Nagel



Suyin Dang



Kristin aufm Kampe



Deutsche
Forschungsgemeinschaft

DFG

Gemeinnützige

Hertie-Stiftung



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