

RIMS 2014

Supporting Behaviour Change - Linking Science to Practice

CONFERENCE PROGRAMME

Friday 6 June

Hilton Brighton Metropole, Brighton

08:00 - 09:00	Breakfast Satellite Symposium
09:00 - 10:45	Plenary Session 1
09:00 – 09:15	<i>Welcome and opening remarks</i>
09:15 – 10:00	<i>Factors influencing behaviour change</i> Jared Bruce, University of Missouri, USA
10:00–10:45	<i>Adjustment and Acceptance</i> Rona Moss-Morris, King's College, UK
10:45 - 11:30	Coffee and Exhibition
11:30 - 12:45	Concurrent seminar session 1
<i>Group and individual programmes for fatigue management</i> Sarah Thomas, Bournemouth University, UK; Rhona Maclean, UK MS Society, UK; Alison Nock, Poole Hospital, UK; Vincent de Groot, VU University Medical Centre, Netherlands	
<i>Challenges in practice—resistance to change</i> Diane Playford, National Hospital for Neurology and Neurosurgery, UK; Susan Hourihan, National Hospital for Neurology and Neurosurgery, UK; Jared Bruce, University of Missouri, USA	
<i>Evidence in practice—outcome measures related to behaviour change</i> Alessandra Solari, Fondazione Istituto Neurologico, Italy	
<i>Challenges in practice—bladder problems, sexuality and body image</i> Roberta Motta, Italian Multiple Sclerosis Society, Italy; Nikki Ward Abel, Birmingham City University, UK	
<i>Exercise programmes in the community setting</i> Jenny Freeman, University of Plymouth, UK; Susan Coote, University of Limerick, Ireland; Ulrik Dalgas, University of Aarhus, Denmark	
12:45 - 14:30	Lunch, Exhibition and Posters
13:00–14:00	Lunchtime Satellite Symposium
14:30–15:45	Parallel poster sessions
Oral Presentations & Poster Speed Dating	
15:45 - 16:15	Refreshments, Posters & Exhibition
16:15 - 17:30	Concurrent seminar session 2
<i>Techniques to support behaviour change – mindfulness</i> Angeliki Bogosian, Kings College London, UK	
<i>Evidence in practice – trial design</i> Jeremy Chataway, St Mary's Hospital, UK; John Saxton, University of East Anglia, UK	
<i>Challenges in practice—unexplained symptoms</i> Mark Edwards, UCL Institute of Neurology, UK	
<i>Developing MS services to support behavioural change</i> Tori Smedal, Norwegian MS Competence Centre, Norway; Louise Jarrett, Royal Devon & Exeter Hospital, UK	
<i>Effects of problems with cognition on everyday life</i> Dawn Langdon, Royal Holloway University of London, UK; Antonella Nota, National MS Centre, Belgium; Joke Raats, De Mick, Belgium	
17:30 - 18:30	Poster Exhibition
17:30 18:45	RIMS Grants and General Assembly
<i>Variability of ADL performance in people with MS</i> Daphne Kos, AP University College Antwerp, Belgium; Jelka Jansa, RIMS SIG Occupation Group, Slovenia	
<i>Physical therapy in MS across Europe: a questionnaire survey</i> Kamila Rasova, Charles University, Czech Republic	
RIMS AGM	
20:00	Gala Dinner

CONFERENCE PROGRAMME
Saturday 7 June

Hilton Brighton Metropole, Brighton

08:00 - 09:30 SIGS Meetings (closed)

08:30 - 09:30 Breakfast Satellite Symposium

09:30 - 11:15 Plenary Session 2

09:45– 10:15 *Personal perspectives*
Emma Rogan, MS Society, Ireland
Shana Pezaro, Fed. Centre for Independent Living, UK

10:15 – 10:45 *Incorporating behaviour change into (exercise) rehabilitation*
Klaus Pfeifer, University of Erlangen-Nürnberg, Germany

10:45 – 11:15 *International sportive challenges to raise awareness of the abilities of people with MS*
Paul van Asch, Fit Up & Physiotherapy Center, Belgium

11:15 - 11:45 Coffee and Exhibition

11:30–12:45 Parallel poster sessions

Platform Presentations
Poster Speed Dating

12:45 - 14:00 Lunch, Exhibition and Posters

13:00 - 13:30 Lunchtime Satellite Symposium

14:00 - 15:15 Concurrent seminar session 3

Using tele-rehabilitation to support behaviour change
Alexander Tallner, University of Erlangen-Nürnberg, Germany; Lorna Paul, University of Glasgow, UK,
Daphne Kos, AP University College Antwerp, Belgium

Evidence in Practice – getting started in rehabilitation research
Sascha Koepke, University of Lubeck, Germany; Jenny Freeman, University of Plymouth, UK

Changing behaviour in the family context
Julia Segal, Specialist MS Counsellor, UK

Mobility with Functional Electrical Stimulation (FES) for People with MS
Val Stevenson, National Hospital for Neurology and Neurosurgery, UK; Christine Singleton, Birmingham
Community Healthcare NHS Trust, UK; Vincent de Groot, VU University Medical Centre, Netherlands

15:30 - 16:15 Plenary Session 3

15:30– 16:00 RIMS Honorary Lecture
The Progressive MS Alliance – driving the rehabilitation agenda
Professor Alan Thompson, University College London, UK

16:00 –16:15 Prizes and closing remarks

16:15 Tea and departure

Pharmaceutical companies have sponsored this meeting and will be present on the day with exhibition stands.

